

Team Meeting

7 November 2022 / 6:00 PM / SKILLS LAB @ SDSU

Notes/ Updates

- **President:** Alex Wigdale
 - 57 days until our brigade!!
 - Assessment and skills presentation today!
 - 2nd presentation by Dennis will follow shortly after!
 - Ask him any remaining questions you may have pertaining to our trip!
 - Next meeting: Nov 28th (to avoid holding meeting over Thanksgiving week!)
 - RAAR form update: [Google Form](#)
 - 1- Note pre approved classes to take to fulfill this requirement ([approved alternative course](#)) OR
 - 2- Complete cultural diversity requirement and explorations C requirement → check your degree audit for this! - **must fill out RAAR google form to be waived & to allow for 1 of 2 of these options to fulfill the requirement!
 - Aztec Abroad Application
 - Application should be under “Winter Break, 2023 & International Travel through SDSU Student Clubs and Organizations”
 - If not, please call global education office (619-594-2475) to have them pull your current application so that you can re-apply (they can only pull your application from their end, they typically answer the phone quickly!)
 - Program dates 01/03/2023--01/14/2023
 - Travel insurance update:
 - ****Clarification** - in previous years, the school mandated insurance has NOT provided additional coverage beyond the dates/located of specified travel program.
 - Update: Each member has the option to extend their school insurance coverage for up to 30 days beyond the dates of their trip, this can be adjusted through your portal / login for the JCB insurance!
 - *As Dennis has also recommended - it is also an option to extend the

insurance a few days past our HEAL travel dates in case (optional!)

STEPS TO PURCHASE TRAVEL INSURANCE THROUGH THE SCHOOL

Price rate: \$14.78/week (charged \$29.56) → Coverage provided (travel dates Jan 3rd-14th)

Steps:

- Aztec abroad portal → winter break application → select the “completed requirements” tab → pre decision requirements tab → click view (eye ikon) for “SDSU Foreign Travel Insurance” document → follow this [Travel Insurance Link](#) to purchase travel insurance through the school to provide coverage for the trip
- **Save the PDF** that they provide which details the extent of the coverage, their contact information for the trip, as well as your member ID card.
- **Save your enrollment verification for your own personal records**

Private Foreign Travel Insurance for separate personal travel prior to our trip travel agency options:

- Highly recommended !!!
- Tip: Look up to see if your own personal medical insurance provides foreign travel insurance (ex: United HealthCare Insurance also separately offers foreign travel insurance).
- Previously used agencies include:
- Email the HEAL email a copy of your school insurance (PDF mentioned above) and a copy of your personal insurance

TYPICAL DAY ON BRIGADE - FLOW & SKILLS:

** each day there will be different pairings & station assignments

- ****BLD provided each day providing care** (meals provided may vary on other days outside of care providing days - all of this is outlined in Dan's itinerary)
- 1- Breakfast, followed by a lecture by one of the residents
- 2- Loading of equipment/supplies into trucks → from here, all drive to village
- 3- Pts arrive and line up to be seen, everyone gets settled in
- 4- Pts are triaged by paired nursing students (one student will document while the other assess) → student that triaged gives brief report/chief complaint to student who will perform further assessment
- 5- Pt will be passed off to an assessment nursing student pair → the student that completed the assessment will report to the physician
- 6- From here, pt will receive either further care from physician, receive medication from the pharmacy and / or be seen by PT
- 7- Everyone responsible for clean up at the end of the day
- 8- After traveling back, assigned students will unload and other assigned students will restock supplies for the next day

● Vice President: Natalie Gaharan

- Only TWO more meetings! 11/28 and 12/5
- [Health Assessment Form](#) due 11/21 (add to this [folder](#) OR email copy to HEAL email)
- DPT presentation on 12/5
- **Fill out Fundring Release & Waiver!**
- Fill out [this](#) form for Room Placements!
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● Secretary & Treasurer: Carli Denholm

- Check the cord points form regularly for any discrepancies and let me know if you see anything that does not look right!
 - [Attendance & Cord Points](#)

- 2 Forms to fill out! DUE 11/21!
 - [Flight information form](#)
 - [Personal Travel Information](#) Form
- **Medical Supplies: Ashli Ginquitti**
 - Medical supplies update: Pick up date TBD - if anyone leaving before december 5th meeting let us know ASAP
 - Each member will be given a bag of supplies to bring over - sizes will vary
 - We will check inventory once in Thailand
 - **Each member required to carry 6lbs of supplies**
 - Another vaccine reminder:
 - Hep A (good for 20 years, verify when you received this vaccine)
 - 2 dose series, get 1st dose in ASAP before the brigade
 - Typhoid vaccine
 - Oral (cheaper, lasts for 5 yrs, typically a prescription to pick up, 4 pills PO over 8 days)
 - Injection (typically more expensive, lasts for 2 yrs)
 - Covid booster (most recent booster released this past September)
 - Offered @ Health Services
 - MANDATORY !
 - Recommended personal travel meds:
 - Antacid, allergy meds, motion sickness, diarrhea medicine (pepto tablets, malaria meds (not OTC), insect repellent, any prescription meds (bring proof of prescription), travel tags, locks
 - Personal Med supply google sheet - one person left please fill this out
- **Co-Fundraising: Charlotte Hong & Jun Sung**
 - Chipotle fundraiser made \$41.27
 - Follow up and thank those who you sent letters to!
- **Marketing: Jessie Jung**
 - I have your T-shirt if you have not yet picked it up!
 - Recommended app for travel: Smart Traveler
- **Culture & Activities/ Health & Education: Lizzy Thurber**
 - Final nursing student presentations due 12/5
 - See your individual groupMe for your assigned group
 - Next bonding event plan: Torrey Pines Hike (check GroupMe for date survey)